



What Are the Head to the Heart Journals?

The Head to the Heart (H2H) journals are an enhancement to the standard Head to the Heart materials. They make your ministry at church easier and more full-featured, and provide a step-by-step tool for parents to begin faith talk at home.

Multiple Value, Multiple Uses

The H2H journals are a great way to provide full-color lesson sheets to all of your young people, saving you trouble at the copy machine. The journals contain the same material as the standard Thought Time sheets, but do it with full color, in a durable book that will keep the lessons at hand and organized for the entire confirmation year.

In addition to making church ministry easier, each journal chapter provides pastors/staff the opportunity to take teaching further by introducing a journaling option and yearbook opportunity for young people to record their thoughts and prayers during the year. Along with journaling, each chapter is enhanced with an online "FINKLink" code that allows for further exploration of each topic at church or at home, including games, extra devotions, and Bible Verse music.

A final benefit of each journal centers on the FAITH5 home component, which equips willing parents with the tools they need to engage in faith talk with their young people at home. Each chapter contains a brief narrative to get the parents updated on what was covered in confirmation, and provides easy, step-by-step instructions on how to spend just 10 minutes a day talking faith, life, and the Bible with their child. Head to the Heart journals provide an effective "how to" guide for parents' dual quest to be faith mentors for their children and to keep lines of communication open during this often turbulent time in their children's lives.

The Head to the Heart journals have been specifically designed to help take your confirmation ministry to the next level by connecting confirmation at church with faith dialogue at home every night of the week.

What's In These Things?

Three books make up the series: *Living Lutheran*, *Living Faith*, and *Living Scripture*, one for each year of your confirmation or junior high ministry. Each journal contains thirty (30) thematic lessons that parallel H2H confirmation. Each chapter (lesson) in a Head to the Heart Home journal contains ten pages, including:

- Beautiful thematic cover art by award winning artist, Dr. He Qi
- A Bible verse of the week
- A short devotion on the topic
- Bible Time for pointing small groups or families to the Bible



- A group prayer on the topic
- Questions to Ponder™ that help guide discussion on the topic
- Small Group sharing options including the traditional H2H Highs & Lows™, prayers, and blessings
- A daily journal providing two weeks of home devotions and journaling opportunities for parents and kids
- The famous FINKmania QuizBowl™ for an instructional yet lighthearted series of questions on the topic
- Terms of the Week to teach new terms and concepts
- Full-color cartoons that take a humorous look at each topic

In addition, contained within the pages of each chapter (lesson) are FINKlinks™, simple codes that open up new features within www.faithink.com that directly relate to that lesson. Among these fun new web-features:

- Listen to and/or purchase (via iTunes or Amazon.com) Faith Inkubators Bible verse memorization music
- Play the always entertaining FINKmania QuizBowl™ on-line
- Find additional, extended home devotions for those who wish to dig deeper

Lesson Themes by Book

Each Head to the Heart journal parallels the standard Head to the Heart theme list, offering a menu of Bible and Catechism subjects to choose from, as well as some practical life-issue topics. For a complete list of topics, refer to the Head to the Heart lessons list, found on www.faithink.com.

How Exactly Will the Head to the Heart Journals Make My Ministry Better?

Let's take an honest look:

1. Head to the Heart journals supplement your standard confirmation ministry by offering a more robust, full-color, and pre-printed tool to give to your Guides and kids. Using these books means you'll never have to fight with the copy machine or organize student lesson packets again. The chapters are bright, bold, and engaging, and serve as a sturdy, organized record of the subjects covered during the confirmation year.
2. Head to the Heart journals connect your confirmation night activities with your youth's family faith journey every night of the week.
3. Head to the Heart journals provide even the most apprehensive parents with a convenient, step-by-step, non-threatening tool to use for a FAITH5 nightly home devotion, keeping the lines of communication open during this important period in the family's life.



4. Head to the Heart journals provide kids and families with a keepsake “growth” record of the year in confirmation/junior high ministry that can be referred to later in life:

- “What was my Low on this date?”
- “Was it really as low as I thought it was at the time?”
- “What was I praying for?”
- “How did God answer my prayers?”
- “How did God use me to further his work on earth?”

5. Head to the Heart journals provide fun and interactive FINKlinks™ scattered throughout each lesson to direct users to specific pages on www.faithink.com where they can:

- Listen to or download Faith Inkubators music
- Play the FINKMania QuizBowl on-line
- Find additional home devotions
- View the lesson’s key artwork by world renowned artist, Dr. He Qi

6. Head to the Heart journals provide key church budget-related benefits including:

- Drastically lower effective membership rates. Churches purchasing a book for each one of their kids and Guides are eligible for up to a 50% rebate on their Head to the Heart membership fee—a substantially lower effective membership rate than congregations using Head to the Heart in the traditional manner.
- No more Thought-Time sheet handout printing/photocopying
- No more confirmation materials packets to build
- Part or all of the book resource cost may be moved from church budget to individual participants and their families. In fact, churches having the most success with the H2H journals are doing just that. They find that families who pay even a little for each book are more apt to use them on a regular basis.

The Head to the Heart Journals Help You Take Confirmation Further

These days, most churches find themselves faced with confirmation resources that help them cover just the bare minimum. It’s difficult to find materials that actually help you take ministry to the next level. Head to the Heart and the H2H journals provide not only first-rate ministry planning and implementation at church but also provide scared and unequipped parents the tools they need to slowly rediscover regular faith talk at home with their kids.

For over fifteen years, Faith Inkubators has been at the forefront of confirmation ministry. We’re hoping to partner with you to continue our learning, and provide you with what you need to make confirmation ministry the highlight of your congregation.