



What is Head to the Heart (H2H)?

"I have been using the Faith Inkubators' Head to Heart resources for my confirmation instruction for over a decade. I have found it to be the best format and approach to confirmation instruction that I have discovered in my 30 years of pastoral ministry. Head to Heart is multifaceted, relational, flexible, and very adaptable to my particular setting. It is also designed to involve parents in the faith formation of their children, rather than leaving it all up to the congregation and pastors." — Rev. David Benson, Senior Pastor, Campus Lutheran Church (LCMS), Columbia, MO

The Purpose: Teach Better. Keep More Kids. Equip Parents.

Head to the Heart resources are a complete, parent-involved, small group ministry approach that challenge churches and parents to change confirmation class from simply *instruction* to *ministry*.

Teach Better

Head to the Heart includes customizable, "back-to-the-basics" lessons using the Bible as the main textbook. Music, PowerPoint presentations, art, skits, stories and cartoons are provided as supplements. These resources have been developed and refined for almost 20 years (we're not new to the party), using the latest research on teaching how the adolescent brain learns. In short, H2H resources equip pastors with presentation tools to engage kids and make what is being taught *sticky* to the adolescent mind.

Keep the Kids Around After Confirmation Day

To a kid, friends are of the utmost importance. Head to the Heart intentionally harnesses the power of these friendships within small groups, building a network of care at church as the context for learning. Small groups learn, serve, and play as they bond together as living cells in the body of Christ. This bonding gives groups the connective power to stay together long after Confirmation Day has come and gone.

Equip Parents for Ministry at Home

It's hard to make a Biblical case that someone other than a child's parents should be their primary faith mentors, teachers and role models. In Head to the Heart, we also head to the *home*. In our model, parents are challenged, but more importantly, *equipped* with easy-to-use, step-by-step processes that help them discuss matters of faith with their kids. H2H resources help you give confirmation instruction back to parents!

Available Teaching Topics

Head to the Heart offers 90 topics for teaching. Each individual H2H lesson contains engaging, brain-based teaching materials including object lessons, art, music, game shows, skits, PowerPoint presentations, and optional journals. The available topics, in sets of ten lessons:

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| 1. Luther & Small Catechism | 6. Hot Topics |
| 2. The Apostles' Creed | 7. The Old Testament |
| 3. Lutheran Life | 8. The Life of Jesus |
| 4. The Ten Commandments | 9. The New Testament |
| 5. The Lord's Prayer | Coming Soon: Living Wesleyan |

Faith Inkubators believes that Head to the Heart is the best whole-brain, engaging, and deep confirmation and junior high youth ministry system on the planet. Almost a thousand churches in a dozen different denominations don't just believe it—they know it—because they've seen the results in their own congregations. You can too!