1. SHARE
Your highs & lows of the day

2. READ
And highlight a verse of scripture in your bible*

3. TALK
About how the bible verse relates to your highs & lows

4. PRAY
For your highs & lows, for your family, and for the world

5. BLESS
One another

*Scriptures for each week, bible songs, sign language and bible games await you online.
Check out the FaithLink box and enter the code GY01, GY02, GY03 or GY04 to sample some tonight!

www.faithink.com

**Four Questions**

1. For Parents of Young Children: What would it be worth to you to have a teenager some day who won’t go to sleep without talking to you about their day? Praying with you? Blessing you? Would it be worth five minutes? Tonight? Every night?

2. For Parents of Pre-Teens: What would happen to your family over time if you were able to keep this open, caring communication going every night throughout adolescence?

3. For Parents of Teenagers: Once the teen years begin and drivers' licences come into play, communication between parents and teens can become a challenge. How might this type of five-minute conversation change a family if they were intentional and consistent about it? Would the benefits outweigh the hassle of trying to invest this time of care, listening, and prayer each night in your home? Why or why not?

4. For Church Leaders: What would happen to a family over time if they made an intentional point of doing the Faith 5 most every night? What would happen to your church five years from today if the majority of your households were doing active listening, scripture, faith talk, prayer, and blessings every night?

**Turn off the TV, put down the newspaper, set the cellphone on silence and invest 5 minutes in your family with these simple steps.**